

# Options United



## About Options United

The California Catholic Conference of Bishops has engaged Options United (OU), a California registered 501(c)3 organization, to operate a state-wide call center and web platform that refers women to life-saving resources including pregnancy centers and clinics, maternity homes, and other local resources. OU has a fully staffed call center, online scheduling, an after-hour hotline service, and years of strong relationships with all 170 pregnancy centers in the state.

### Parish and School Pro-Life Service Project

OptionsUnited.org is approved by the Catholic Conference of Bishops as the statewide hotline serving all California pro-life organizations including 170+ pregnancy centers. These centers that Options United serves provide essential medical and material support to women in local communities.

Your parish or school is needed. Your assistance in making this life-affirming service known is urgent. The better known it is the more we can protect families.

### Getting started is as simple as choosing an option below:

# 01

Promote Options United hotline with a tabling event (e.g. after Mass). Use the promotional materials available either on the website with the QR code or from a neighboring parish. Gather names with a legal pad or sign-up sheet (phone, email, name) and share with Options United along with any questions and feedback.

# 02

Promote Options United hotline with an insert in the newsletter or bulletin and posters and stickers where appropriate in the parish and campus facilities. Inquire if the hotline number can be promoted in both digital and print.

# 03

Ask fellow parishioners and classmates to pray for women who are considering an abortion by going to [www.optionsunited.org/pray](http://www.optionsunited.org/pray) or download the app at [appforlife.org](http://appforlife.org). There prayer requests arrive in real-time from Options United's call center. Make an announcement at Mass, in the bulletin and on campus asking for volunteers to join with you in prayer.

# 04

Make a 'Hope Box' as a special outreach to women considering an abortion. Give the Hope Box to a woman in crisis to give her hope and the courage to choose life. The parish community is the perfect place to give her that confidence.



Scan to download  
the Media Kit

Collaborating with:



[www.optionsunited.org](http://www.optionsunited.org)



818-483-4233



[info@optionsunited.org](mailto:info@optionsunited.org)

# Help save lives. Why not you and why not now?

There is nothing more compelling than when a passionate volunteer advocates for an organization or cause.

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## Contents of the Hope Box

Roses with a card from the parish community MercyWorks group

Letter and/or greeting card, a prayer card

If the woman is Catholic, provide an invitation to attend Mass &/or prayer at the parish. If not Catholic, offer a time to pray at the church or in group.

Other kinds of items like a onesie or testimonies of women who chose life or adoption.

Other 'Hope Box' ideas: Ongoing Support for Expecting Moms: Make the Hope Box prayer invitation into a bigger event more akin to a support group and/or a fun social gathering. It can be scheduled monthly or whatever works for the parish setting.

For a baby arriving, arrange a Baby Shower including prayer and festive supportive signs that give hope that is appropriate for the occasion.

*Keep Options United aware of the work you do for the parish.*

For more information regarding the above, contact us at [www.OptionsUnited.org](http://www.OptionsUnited.org).

